



## PROGRAM APPLICATION

The Empowerment Center (TEC) provides a transitional living program that requires a **minimum mandatory 5 month** client commitment, with a 30 day blackout. During blackout you are required to remain on campus and may not possess a cell phone or other personal electronics. The program combines a strong 12-step recovery component with an Outpatient Treatment component. This program is for **women only** who are sincerely dedicated to achieving and maintaining a clean and sober productive lifestyle.

### **Your entry into TEC transitional living program indicates that you agree to :**

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- Complete 5-month (150 day) program - Including Blackout & finding a job
  - Actively participate in all treatment requirements - Groups & 1:1 counseling
  - Actively work a 12-step recovery program - Outside meetings & finding a sponsor
  - Provide a current TB test result
  - TEC does not serve individuals who have been convicted of a sexual offense, a violent crime, a crime against minors, or a crime against seniors.
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**Every section of this application must be completely filled out.**

**Incomplete applications will not be considered.**

**Please write/print legibly.**

## DEMOGRAPHICS

Name:	Date:
Current Address:	NDOC#:
City, State, Zip:	Referral Source:
Date of Birth (month/day/year):	Requested Bed Date:
Social Security Number:	Phone #:
State Issued ID:    Yes    No    If yes, ID# _____	Veteran:    Yes    No    Status _____
Marital Status:    Never Married    Married    Partnered    Divorced    Widowed	
Sexual Orientation:    Heterosexual    Gay/Lesbian    Bisexual    Other: _____	
Sex at Birth:    Female    Male    Intersex	
Gender Identity:    Women/Female    Man/Male    Trans-Female    Trans-Male    Other: _____	
Ethnicity:    Hispanic / Latino    Not Hispanic / Latino	
Race:    American Indian / Alaskan Native    Black / African    American Asian    Native Hawaiian    Pacific Islander    White	
Language:    English    Spanish    Other: _____	
Current Living Situation:    Homeless (Living on street, in car, etc.)    Emergency Shelter    With family/friends    In Program    Jail/Prison	
Independent Housing    Other: _____	

## DEMOGRAPHICS (cont.)

### Emergency Contact

Name	Phone#
Address	Relationship

### Spouse

Name	Phone#
Address	

### Employment

Name of last employer	Start date	End Date				
Did you have insurance through your employer?	Yes	No				
Name of insurance company						
Address						
Primary policy holder	Self	Spouse	Parent	Partner	Group#	Policy ID#

### Education

What is your highest level of education?
If you have special training, a degree or certification, what field?

### Financial / Insurance / Benefits

Do you have an income?	Yes	No	If yes, specify monthly income
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### Cash Income

Unemployment	SSI/SSDI	TANF	Child Support	Retirement	Spouse Support	Veteran Pension
Veterans Disability	Other	_____				

### Non-Cash Benefits

TANF	WIC	Section 8	Rental Assistance	VA Medical Support	Tribal Support	Medicaid	Medicare
Other	_____						

### Do you have State Issued Insurance?

Medicaid – ID#	Medicare – ID#
SilverSummit – ID#	Health Plan of Nevada – ID#
Molina Healthcare – ID#	Anthem – ID#

# Health & Medical Screening

Our facility is not a medical or nursing care facility and cannot accommodate individuals with acute medical needs, significant physical limitations, or those requiring specialized care. This packet collects information to ensure our program is a good fit for you. All information provided is confidential and protected under applicable privacy laws.

## General Health Status

Do you consider yourself generally healthy and able to live independently without assistance? Yes    No  
**If no, please explain:**

Can you perform all Activities of Daily Living (ADLs) independently, including bathing, dressing, toileting, eating, and moving around without help? **If no, describe the assistance needed:** Yes    No

Do you use any mobility aids (e.g., walker, cane, wheelchair)? Yes    No  
**If yes, provide details:**

Have you fallen or been at risk of falling in the past 12 months? Yes    No  
**If yes, provide details (frequency, cause):**

## Medical History

Do you have any of following medical conditions? Yes    No  
**If yes, please check all that apply.**

Asthma	Bowel/Gastro Conditions	Cancer	Chronic Pain	Epilepsy	Seizures/Seizure Disorder	Stoke	TBI
Recent Heart Failure (e.g., heart attack)		Heart Condition	High Blood Pressure	COPD	Respiratory Conditions Requiring Oxygen		
Memory Problems/Cognitive Problems		Dementia/Alzheimer's/Parkinson's Disease			Sleep Apnea	Insomnia	HIV
Thyroid Disorder	Hepatitis	Diabetes	Other_____		Other_____		

Please explain medical condition(s) noted above.

Are you currently under the care of a medical provider? Yes    No

Physician Name Phone#

Last TB Test Are you currently pregnant?    Yes    No

Have you been hospitalized or undergone surgery in the past 6months? Yes    No  
**If yes, provide details (dates, reasons, recovery status):**

## Medical History (cont.)

Are you scheduled for surgery or anticipating any major medical procedures in the next 6 months?

Yes

No

If yes, describe:

### Specialty Care

Have you been referred to any specialty care providers (e.g., cardiologist/neurologist/pulmonologist) in the past 12 months?

Yes

No

If yes, list the specialty, reason for referral, and current treatment status:

[Example: Cardiologist, high blood pressure, currently on Losartan, or blood pressure stable]

### Oxygen or Medical Equipment

Do you require oxygen therapy or other medical equipment (e.g., CPAP, feeding tubes, catheters, etc.)?

Yes

No

If yes, specify equipment and frequency of use:

Do you require a specialized bed (e.g., an extra-large or hospital-style bed) for medical or physical reasons?

Yes

No

If yes, specify the type of bed and reason for need:

### Current Medication

Medication Name	Dosage	Frequency	Reason for using	Prescriber
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1.)

2.)

3.)

4.)

5.)

6.)

7.)

8.)

### Pharmacy

Pharmacy Name

Phone#

Address

# CRIMINAL HISTORY

Do you have a criminal history?    Yes    No

If yes, please provide ALL past and current criminal charges. A criminal history does NOT exclude you from entry into TEC program. Your accurate information will help us to understand your current situation and any additional services you may need.

Crime Convicted of (List current first)	Date of Conviction (Month/Year)	Sentence

Currently incarcerated    Yes    No                      Name of facility

PED    MPR    EXP

Currently under supervision of a Specialty Court?    Yes    No

If yes, Specialty Court                                      Case Manager    Phone#

Have you been convicted of a violent offense, offense against a minor/senior, or a sexual offense?    Yes    No

If yes, please explain in detail, use additional sheets if necessary.

If incarcerated, have you had any write-ups/disciplinary actions in the past 2 years?    Yes    No

If yes, what were they for? What was each infraction? Use additional sheets if necessary.

What was your role in the crime(s) for which you were convicted?

## CRIMINAL HISTORY (cont.)

Do you have any other criminal issues that have not yet been resolved that may come up during your time at TEC? Yes No

## Behavioral Health History

Your health information is confidential. It will not be released without your signed consent in accordance with federal law. Accurate information will help us to understand your current situation and additional services you may need.

### NOTE:

If you have had a drug/alcohol evaluation in the past 12-months, please submit a copy with your application if available. If you do not have a copy, please sign the release of information at the end of the application.

Are you currently under the care of a Mental Health Professional? (Psychiatrist, Psychologist, Therapist or Counselor) Yes No

If yes, Agency/Provider Name

Have you every had a Mental Health or Substance Evaluation? Yes No

If yes, when? Agency/Provider Name

Have you been diagnosed with the following? (Check all that apply)

ADHD Alcohol Use Disorder Anger/Irritability Anorexia/Bulimia Anxiety Autism Bipolar Disorder

Borderline Personality Disorder Cocaine Disorder Cannabis Disorder Depression Dysgraphia Dyslexia

Insomnia Disorder Methamphetamine DO OCD Opioid Disorder PTSD Schizoaffective Schizophrenia

Other \_\_\_\_\_ Other \_\_\_\_\_ Other \_\_\_\_\_

Other \_\_\_\_\_ Other \_\_\_\_\_ Other \_\_\_\_\_

Have you ever been hospitalized for suicide attempt/suicidal ideations in the past 12 months? Yes No

**If yes, provide details:**

Name(s) of hospital(s)

Date(s) of hospitalization(s)

Do you have a history of substance use (e.g., alcohol, opioids, stimulants, other) that required medical treatment or detoxification in the past 12 months? **If yes, provide details:** Yes No

If yes, substances used:

Name(s) of hospital(s) Date(s) of admission

Treatment received (e.g., detox, rehab, medication-assisted treatment):

Have you ever experienced complicated withdrawal from drugs or alcohol (e.g., seizures, hallucinations, delirium tremens, hospitalizations)? **If yes, provide details (substance, symptoms, dates, treatments)** Yes No

## Behavioral Health History (cont.)

Have you attended or completed any substance use/mental health rehabilitation programs?

(Examples: New Frontier, Step II, Bristlecone, RBH etc.)

Yes No

Program Completed Yes No Date

Please check past illicit substance use including past prescription medication used that was not prescribed to you.

Adderall Alcohol Cannabis Cocaine Ecstasy Fentanyl Heroin Kratom LSD Methamphetamine

Methadone Morphine PCP Percocet Psilocybin Suboxone Vicodin Xanax Other \_\_\_\_\_

Other \_\_\_\_\_ Other \_\_\_\_\_ Other \_\_\_\_\_

What is your drug of choice? Age of first use Amount Method Frequency Date of last use

1.)

2.)

3.)

4.)

5.)

### Past Psychiatric Medication

Have you ever taken medications for mental health conditions in the past (e.g., depression, anxiety, bipolar disorder, schizophrenia)?

If yes, list medications, approximate dates, and reasons for discontinuation.

**Use the list below to help identify medications you may have taken. If a medication is not listed, write it in the "Other" section.**

#### Antidepressants:

Fluoxetine(Prozac)  
Sertraline (Zoloft)  
Escitalopram (Lexapro)  
Citalopram (Celexa)  
Paroxetine (Paxil)  
Venlafaxine (Effexor)  
Duloxetine (Cymbalta)  
Bupropion (Wellbutrin)

#### Antipsychotics:

Quetiapine (Seroquel)  
Risperidone (Risperdal)  
Olanzapine (Zyprexa)  
Aripiprazole (Abilify)  
Haloperidol (Haldol)  
Lurasidone (Latuda)  
Clozapine (Clozaril)

#### Mood Stabilizers:

Lithium  
Valproate/Valproic Acid (Depakote)  
Lamotrigine (Lamictal)  
Carbamazepine (Tegretol)

#### Anti-Anxiety:

Buspirone (Buspar)  
Lorazepam (Ativan)  
Alprazolam (Xanax)  
Clonazepam (Klonopin)  
Diazepam (Valium)

#### Non-Stimulants:

Atomoxetine (Strattera)  
Guanfacine (Intuniv, Tenex)  
Viloxazine (Qelbree)

#### Stimulants:

Methylphenidate (Ritalin, Concerta)  
Amphetamine/Dextroamphetamine  
(Adderall)  
Lisdexamfetamine (Vyvanse)

#### Sleep:

Mirtazapine (Remeron)  
Doxepin (Silenor)  
Zolpidem (Ambien)  
Eszopiclone (Lunesta)  
Zaleplon (Sonata)  
Ramelteon (Rozerem)

#### Other:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Behavioral Health History (cont.)

For each mental health medication taken in the past please provide the following:  
(Example: Lithium | 2023-2024 | Mood | Side effects)

Medication Name	Date Taken	Reason for Use	Reason Stopped
1.)			
2.)			
3.)			
4.)			
5.)			
6.)			
7.)			

### Medication Management

Can you manage your medications independently (e.g., read/understand medication instructions, take as prescribed, refill prescriptions)? **If no, describe assistance needed:** Yes    No

## GENERAL

The following two questions provide important information to help us understand who you are, and why you are seeking treatment. If necessary, use additional sheets of paper, be thorough and WRITE LEGIBLY.

**In your own words, why are you seeking services at a recovery program?**

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**What changes do you hope to make as a result of coming into The Empowerment Center?**

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**I hereby state that ALL above information and statements contained in this application are true to the best of my knowledge.**

I understand that The Empowerment Center is not a medical or nursing facility and cannot accommodate individuals requiring extensive medical care, assistance with daily activities, oxygen therapy, or those with acute medical conditions such as unmanaged severe medical problems, severe mobility issues, or recent/pending surgeries. I certify that the information provided is accurate and complete to the best of my knowledge. I authorize The Empowerment Center to contact my healthcare providers or case managers to verify the information provided, if necessary.

### **Submission Method**

### **Delivery Details**

Email (*Preferred*)  
In Person or By Mail

admission@empowermentcenternv.org  
Admissions, 7400 South Virginia Street, Reno, NV 89511

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Applicant Name (print)

Date

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Applicant Signature

Date

The Empowerment Center is compassionately dedicated to helping women who suffer from substance abuse to restore their dignity and quality of life. Our nonprofit organization empowers women to build a better future through treatment and workforce development in a safe living environment. We believe in the power of recovery to change outlooks, lives and ultimately our community.



## TWO PARTY CONSENT TO RELEASE PROTECTED HEALTH INFORMATION

Client Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Phone# \_\_\_\_\_

### I Authorize

### To Release To

Name of Agency/Person: \_\_\_\_\_

Name of Agency/Person **The Empowerment Center**

Address: \_\_\_\_\_

Address: **7400 S. Virginia Street**

City, State, Zip: \_\_\_\_\_

City, State, Zip **Reno, Nevada 89511**

Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_

Phone# **(775) 853-5441** Fax# **(775) 243-4510**

### I Authorize

### To Release To

Name of Agency/Person **The Empowerment Center**

Name of Agency/Person: \_\_\_\_\_

Address: **7400 S. Virginia Street**

Address: \_\_\_\_\_

City, State, Zip **Reno, Nevada 89511**

City, State, Zip: \_\_\_\_\_

Phone# **(775) 853-5441** Fax# **(775) 243-4510**

Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_

### Information that may be released (Initial to authorized release or type initials)

Mental Health Evaluation  Substance Use Evaluation  Psychiatric Evaluation Treatment Plans  Progress Notes

Medication Management Records  Billing Records  Other (specify) \_\_\_\_\_

### Purpose for which information is to be used

Continuing Care  School/Vocational Rehabilitation  Disability Benefits  Legal

Personal/Employment Conditions  Other (specify) \_\_\_\_\_

This consent expires one year from the date below unless otherwise specified: (not to exceed one year)

### INFORMATION FOR INFORMED CONSENT

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#### INFORMATION FOR INFORMED CONSENT

The confidentiality of medical, psychiatric and substance abuse information is protected by State and Federal Statutes, Rules and Regulations including Nevada Revised Statutes. These Statutes, Rules and Regulations require that the patient give informed consent prior to the release of any health/hospital records or information, except as specifically provided for within the Statutes, Rules and Regulations.

NOTICE OF REDISCLOSURE: I understand the information and records disclosed pursuant to this consent may be protected under 42 CFR Part 2, governing Alcohol and Drug Abuse patient records, the Health Insurance Portability and Accountability Act of 1996 (HIPPA) and 45 CFR parts 160 and 164, State Confidentiality laws and regulations, and cannot be released without my consent unless otherwise provided for by the regulations. State and Federal regulations prohibit any further disclosure of such information and records without my specific written consent unless otherwise permitted by such regulation.

The information I authorize for release may include records that may indicate the presence of communicable disease, which may include, but is not limited to the human immunodeficiency virus, also known as acquired immune deficiency syndrome (AIDS). I understand that information used or released pursuant to this authorization may be subject to re-disclosure by the recipient and may no longer be protected by federal or state law. I understand that I may inspect or copy the information prior to its disclosure, and I may refuse to sign the release. I understand I have the right to withdraw this authorization in writing, at any time.

I, \_\_\_\_\_, the client, am aware of and have been advised of the existing State and Federal Statutes, Rules and Regulations and health information practices. I understand and have been explained my right to confidentiality of the information of these records. I realize this is not a required consent and I must voluntarily and knowingly sign this authorization before any records can be released.

\_\_\_\_\_  
Client Name (print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

Revocation: I hereby revoke the above authorization

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date



## TWO PARTY CONSENT TO RELEASE PROTECTED HEALTH INFORMATION

Client Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Phone# \_\_\_\_\_

### I Authorize

### To Release To

Name of Agency/Person: \_\_\_\_\_

Name of Agency/Person **The Empowerment Center**

Address: \_\_\_\_\_

Address: **7400 S. Virginia Street**

City, State, Zip: \_\_\_\_\_

City, State, Zip **Reno, Nevada 89511**

Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_

Phone# **(775) 853-5441** Fax# **(775) 243-4510**

### I Authorize

### To Release To

Name of Agency/Person **The Empowerment Center**

Name of Agency/Person: \_\_\_\_\_

Address: **7400 S. Virginia Street**

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City, State, Zip **Reno, Nevada 89511**

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Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_

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The information I authorize for release may include records that may indicate the presence of communicable disease, which may include, but is not limited to the human immunodeficiency virus, also known as acquired immune deficiency syndrome (AIDS). I understand that information used or released pursuant to this authorization may be subject to re-disclosure by the recipient and may no longer be protected by federal or state law. I understand that I may inspect or copy the information prior to its disclosure, and I may refuse to sign the release. I understand I have the right to withdraw this authorization in writing, at any time.

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\_\_\_\_\_  
Client Name (print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

Revocation: I hereby revoke the above authorization

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date





## AUTHORIZATION TO RELEASE PROTECTED HEALTH INFORMATION

Client Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Phone# \_\_\_\_\_

I Authorize		To Release To	
Name of Agency/Person		Name of Agency/Person <b>The Empowerment Center</b>	
Address		Address: <b>7400 S. Virginia Street</b>	
City, State, Zip		City, State, Zip <b>Reno, Nevada 89511</b>	
Phone#	Fax#	Phone# <b>(775) 853-5441</b>	Fax# <b>(775) 243-4510</b>

### Information that may be released (Initial to authorized release)

Mental Health Evaluation   
  Substance Use Evaluation   
  Psychiatric Evaluation/Treatment Plans   
  Progress Notes  
 Medication Management Records   
  Billing Records   
  Other (specify) \_\_\_\_\_

### Purpose for which information is to be used

Continuing Care   
  School/Vocational Rehabilitation   
  Disability Benefits   
  Legal  
 Personal/Employment Conditions   
  Other (specify) \_\_\_\_\_

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\_\_\_\_\_  
**Client Name (print)**                      **Date**                      **Client Signature**                      **Date**

Revocation: I hereby revoke the above authorization                      \_\_\_\_\_  
 \_\_\_\_\_  
**Client Signature**                      **Date**

# THE EMPOWERMENT CENTER (TEC) CONTRACT FOR RESIDENCY

- 1.** Alcohol/narcotic consumption and gambling are prohibited on or off-site as a client of TEC. Non-compliance will result in immediate discharge.
- 2.** All weapons are strictly forbidden.
- 3.** Clients of TEC agree to random urinalysis and breathalyzer testing.
- 4.** Staff has the right to search your possessions if alcohol, narcotics, weapons, contraband, trafficking, or theft is suspected.
- 5.** Theft is not tolerated. Clients are responsible for their own possessions. Living quarters are to be locked when not occupied. TEC is not liable or responsible for missing /broken items.
- 6.** Violence, including all forms of physical, mental, or emotional violence, intimidation, injury, abuse, negligent treatment, maltreatment, or exploitation, including sexual abuse, or harassment is strictly forbidden. This includes, but is not limited to verbal or physical conduct that creates an intimidating, hostile, offensive environment, or sexual in nature directed toward any client, visitor, staff, or volunteer of TEC.
- 7.** TEC is an all-female facility. There are no intimate or sexual relationships allowed among clients, or on property in any form.
- 8.** Smoking is not allowed on property.
- 9.** Clients are required to use the sign in/out sheets when leaving the facility. All fields must be completely filled out, legible, include your full name and your time of departure and anticipated return.
- 10.** All clients are expected to know what phase they are on and comply with all requirements as documented in their phase packets.
- 11.** All clients are required to abide by a 30 day blackout. You may not possess personal electronics of any kind. You may not leave campus without TEC staff.
- 12.** All visitors must be approved by TEC staff.
- 13.** Each client is required to complete their phase book monthly as provided in their Client Handbook. Additional recovery work assigned by their Therapist, Counselor, or Peer Support is expected to be completed in the time agreed.
- 14.** In the instance of illness, staff MUST be immediately notified. Clients must disclose to medical personnel that they are in recovery from an addictive disorder and may not be prescribed narcotics. Clients must provide staff with copies of all prescriptions and comply with all medication management policies and safe keeping requirements.
- 15.** Upon discharge, you must remove all your personal belongings. If your property is not removed within seven (7) days it will be considered abandoned. If you are unable to personally remove your property, you may give written authorization for a person of your choosing to retrieve your property.
- 16.** As part of your participation in the program, you will be charged a monthly fee of \$60.00. This fee helps cover the ongoing services and resources we provide. Once you become employed, the program fee will be adjusted based on a sliding scale according to your monthly income.

I acknowledge that I have received, read, and understood the rules and policies of TEC. I agree to abide by all stated expectations and understand that any violation of this contract may result in immediate dismissal.

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Applicant Name (print)

Date

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Applicant Signature

Date